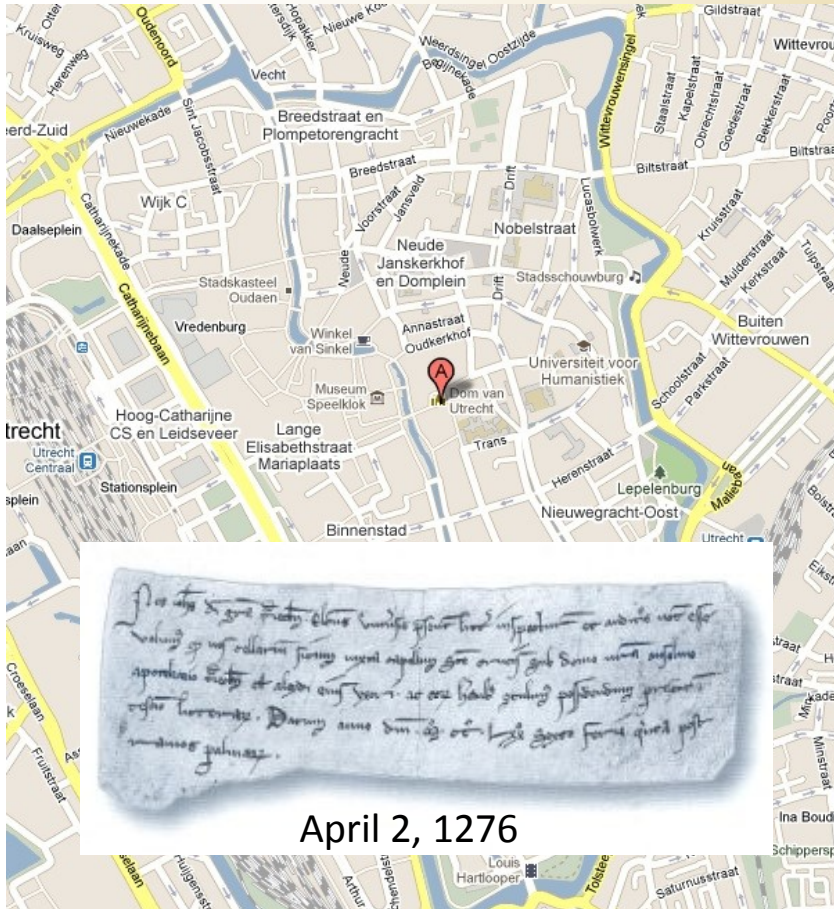


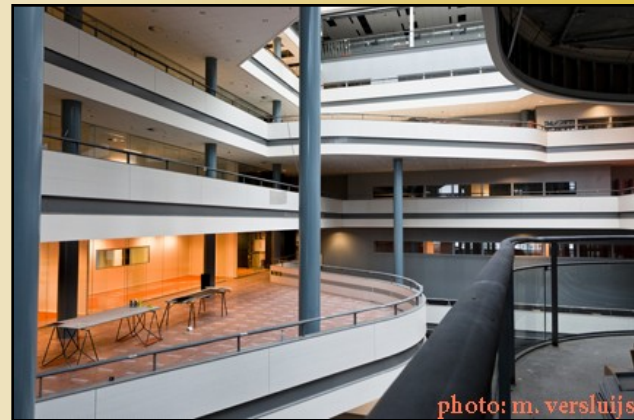
# Domplein, Utrecht

Anselmus, the first known pharmacist in the Netherlands



# Knowledge, skills and professional behaviour in one *curriculum*: making hard choices

Andries Koster and  
Tom Schalekamp  
University Utrecht, The  
Netherlands



1 Annual conference European Association of Faculties of Pharmacy, 24-26 may 2012, Utrecht





# Worldwide trends

- *Scientific*: Explosion of high MW medicines (proteins, peptides) requires knowledge in the areas of molecular biology, genetics, biotechnology and quality control of biotechnological products;
  - *Technological*: Complex administration forms require more knowledge of physicochemical processes and understanding of release processes;
  - *Professional*: Increasing complexity and individualization of pharmacotherapy (drug safety, pharmacogenetics) requires a role for responsible pharmacists. Legal regulations exist already in some countries.
- 
- Increased attention required for training in (clinical) pharmacology, pharmaceutical technology and methodological aspects





# Pharmacy in the Netherlands

	Developments
Pre WW II	Preparation of medicines in pharmacies. Emphasis of pharmacy curriculum on compounding and analysis
1945-1960	Development of industrial production of medicines. Deprofessionalization of pharmacists.
1960-1970	Increasing attention for the role in drug treatment for pharmacists. Introduction of pharmacology in the Pharmacy curricula. Start of reprofessionalization of pharmacists.
1970-1980	Development of clinical pharmacy, hospital pharmacy. Medication checks and automation in community pharmacy.
1980-1990	Further development of hospital pharmacy. Introduction of medication policies, pharmacotherapy assessment (FTO) with physicians institutionalized
1990-2000	Further development of pharmaceutical care, medication surveillance in community pharmacies (reporting adverse effects, drug interactions, pharmacogenetics)
2000-present	Development of pharmacotherapy: assessment and safety of medication
2007	Inclusion in WGBO-act: community pharmacist recognized as being co-responsible for the outcome of pharmacotherapy



# Pharmacy in the Netherlands

■ Community pharmacists 3100 17 Million inhabitants

■ Hospital pharmacists 400

■ Industrial pharmacists 500

■ Other occupations 1000

■ Community pharmacies 2000

■ Hospital pharmacies 100

■ 1 pharmacy *per* 8,500 inhab.

■ 1 pharmacy *per* 170,000 inhab.

■ pharmacist/pharmacy 1.55

■ assistants/pharmacy 3 – 10

■ Pharmacy programmes 2 (Groningen, Utrecht)

source: 2011 PHARMINE report (Atkinson and Rombaut)



# The Utrecht pharmacy curriculum

Secondary education

B.Sc. programme  
Pharmacy  
(3 years)

College of  
Pharmaceutical Sciences  
(honours)

M.Sc. programme  
Pharmacy(3 years)

M.Sc. programme  
Drug Innovation (2 years)

Other M.Sc. programmes  
(2 years)

licence

Ph.D.  
programs



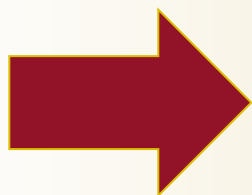
# Need for curriculum change

Directives, guidelines  
(2005/36/EG, FIP/WHO)

Standards, norms  
(KNMP, NVZA, NIA)

Expectations of  
postgraduate  
programmes

Pre-2001  
Curriculum



## **Bologna Agreement:**

B. Pharmacy (3 yr)

M. Pharmacy (3 yr)

M. Drug Innovation ( 2 yr)

+ 2010: Coll. Pharmaceutical Sciences

Dutch laws:  
BIG  
WGBO  
MW  
KWZ



# The “magic potion” model

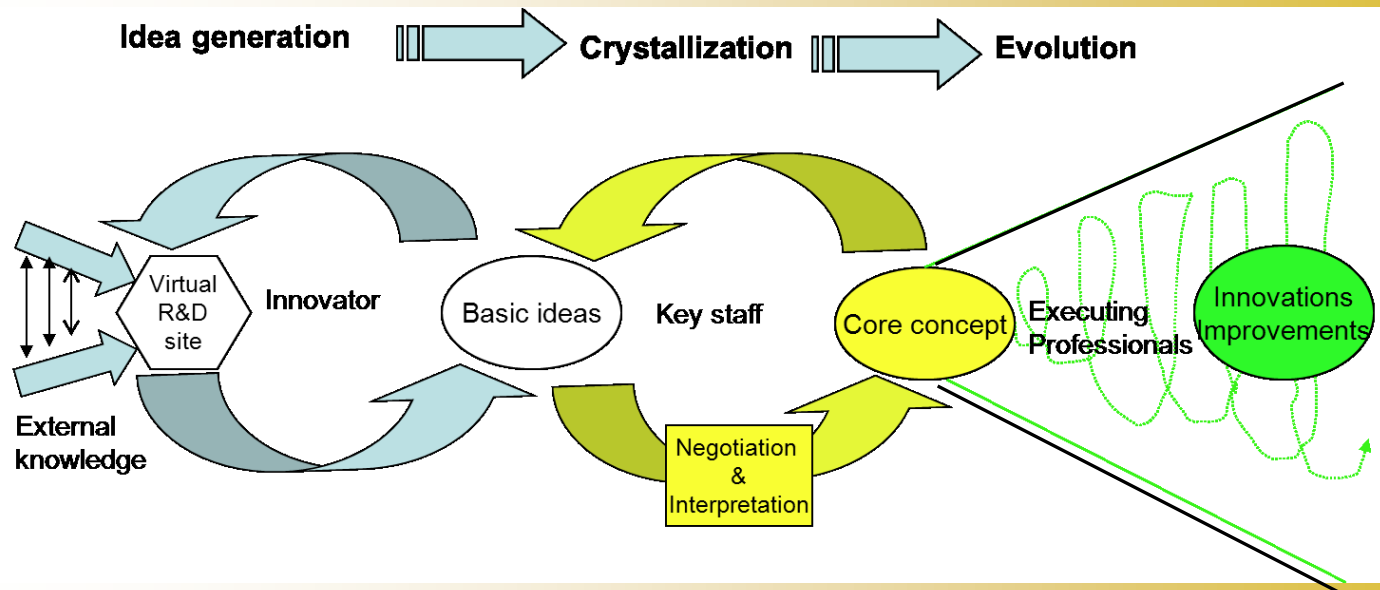
- A mix of ....
  - intelligent, creative people with ...
  - diverse, sometimes conflicting, inter and knowledge
  - who ...
- Have, get or take the time to talk discuss and brainstorm ...
- And with an ...
  - enormous commitment, involvement and patience, and ...
  - mutual respect and trust (if things become difficult at the end of the day)





# Hard choices

- Pharmacy practice *versus* pharmaceutical research
- Patient care *versus* compounding/analysis
- Integration of curriculum content
- Integration of skills and professional behaviour
- Curriculum development process (2000 – ongoing)



# Choices: Practice *versus* research

- Do you want to distinguish between students, who are mainly practice oriented and student, who are research-minded?
  - Separate curricula or differentiation within one curriculum (leading to self-selection)?
  - If you choose to differentiate, at which stage and to what extent?
- 
- Initially we choose to offer an undivided bachelor-curriculum with self-selection options: 2 different tracks
    - Pharmacy: largely fixed, preparing for M. Pharmacy curriculum
    - Drug Research: very open, preparing for M. Sc. curriculum in Drug Innovation or other programmes (*e.g.* Epidemiology, Immunology)
  - After 8 years we decided to develop the undergraduate *College of Pharmaceutical Sciences* (honours, selective, English-taught) for talented students, starting in 2010





# Choices: Patient *versus* medicine

- Must all M.Pharm. graduates have the same training or is some differentiation desirable and allowed?
    - unitary license and legal position of pharmacists
    - differentiation based on future working environment (community, hospital, industry, regulatory) or on professional tasks?
  - If you choose to differentiate, at which stage and how extensive?
- 
- We choose to offer an undivided master-curriculum with self-selection options:
    - Patient profile: relatively high level in pharmacotherapy, patient care and medication policy
    - Medicine profile: relatively high level in compounding and quality control
    - four profile-specific courses and one elective (total 23 weeks) are free-of-choice for students; all student do a research project (20 weeks)



# Choices: Integration of content

- Students need to be prepared for coping with ever-changing demands of the pharmacy profession, both scientifically and professionally
  - Students need to develop a 'lifelong learning attitude'
  - Information (old and new) is and becomes available in electronic format at an increasing pace. Students generally are well-equipped to learn factual information from these resources.
- 
- The curriculum concentrates on training students to connect, combine, analyze and integrate knowledge of different disciplines
    - mainly integrated courses: problem-based, project-based
    - explicit attention for methodological aspects
    - high level of abstraction and conceptualization required





# Choices: Integration of skills

- Students need to be prepared to function in a complicated working environment:
    - using chemical, biological and medical knowledge
    - collaborating with other health care professionals
    - and communicating with patients
  - Initial differences between students are very real, but in the end all skills must be at a required minimum for all individual students
- 
- The curriculum concentrates on training of skills, starting in isolation but increasingly integrated
    - bachelor: (partial) skills are assessed on an individual basis: portfolio
    - additional training and testing organized: skillslab
    - master: skills are fully integrated in courses



# Choices: curriculum reform

- Centralized development: curriculum committee
- Backward engineering, starting from curriculum goals and explicit end-terms, ordered in task domains (not working environment):
  - academic competencies generic
  - patient care differentiated for patient-profile
  - medication policy differentiated for patient-profile
  - compounding differentiated for medicine-profile
  - professional practice
  - research
  - communication and education
- Curriculum constructed top-down: course goals set by curriculum committee, and monitored during development
- Establishment of interdisciplinary course development teams
- Avoid twin sins of instructional design:
  - coverage-focused teaching and activity-focused teaching



# Design principles: guidelines

1. The curriculum is designed as a coherent program.
2. The program stimulates active study behaviour, is challenging and varied.
3. Acquisition, application and integration of knowledge and skills take place in a context relevant for the future profession.
4. Within the program systematic and explicit attention is paid to the development of academic and personal skills and values.
5. Regulation of the learning process is gradually shifted from teacher to student.
6. The program enables students to follow individual interests by offering electives and a patient- or product-oriented profile.
7. A well-balanced system of mentoring and assessment is used, which takes into account the steering effects of testing.



# Content and skills consultants

- Internal coherence of the curriculum is constructed and monitored

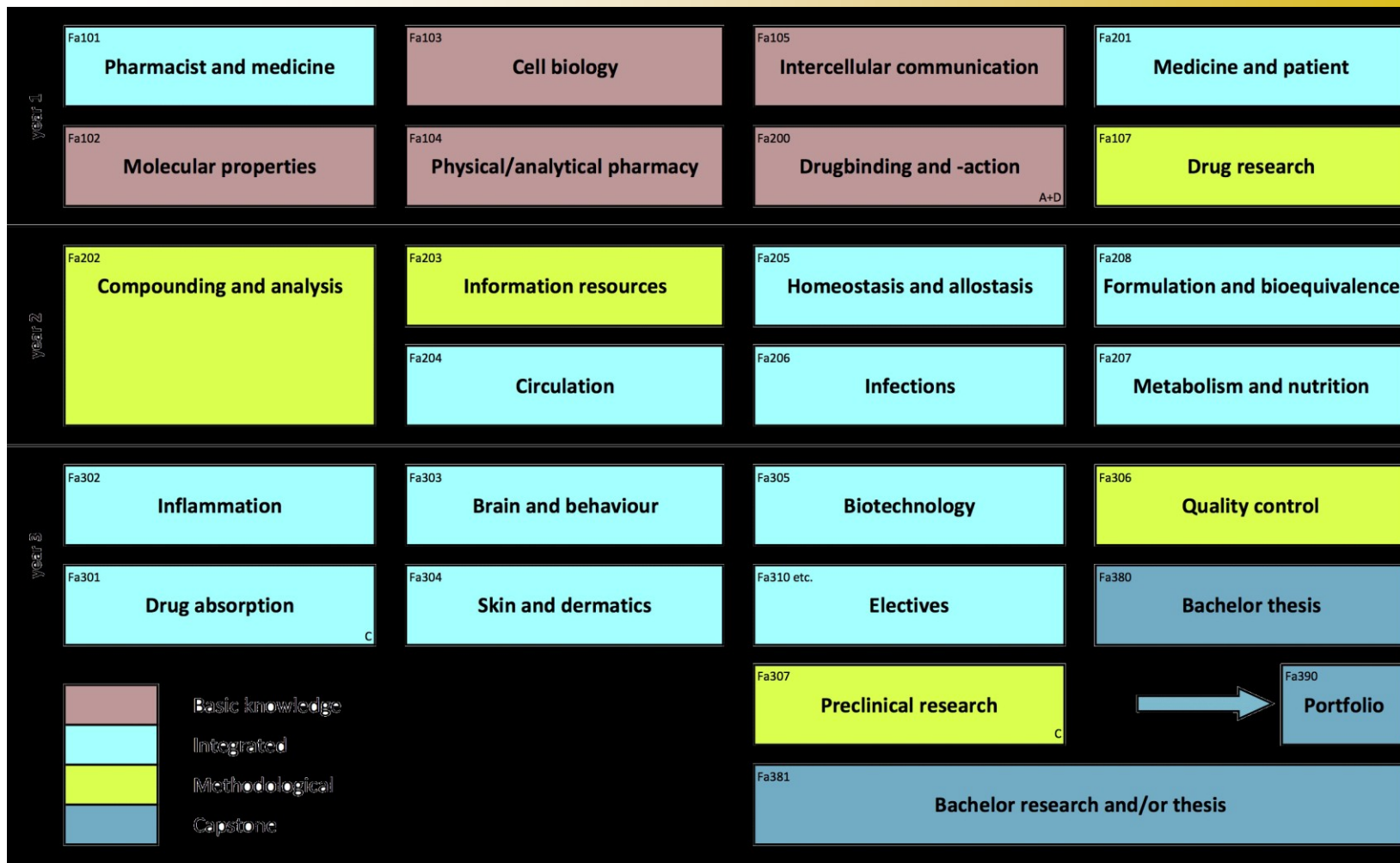
Content development	Skills development
Physiology & pathophysiology	Pharmaceutical calculations
Biotechnology	Information management
Biomolecular chemistry	Oral communication
Pharmacodynamics	Written communication
Pharmacokinetics	Laboratory skills
Pharmaceutical Technology	Compounding
Pharmacotherapeutics & epidemiology	Methodology (incl. Statistics)
Pharmaceutical Analysis	Management
Toxicology	Ethics and law
	Metacognition

- Consultants have access to all course materials and advise programme directors and course coordinators on a regular basis





# Curriculum B. Pharmacy



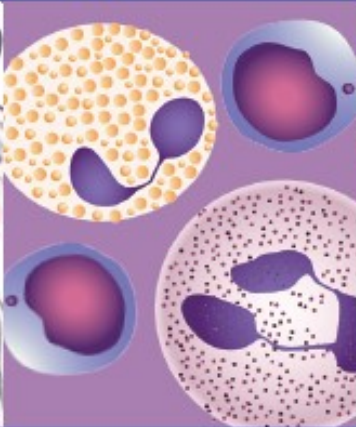
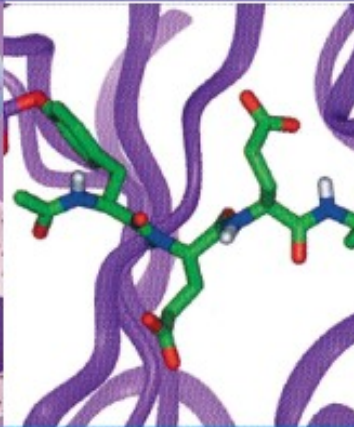


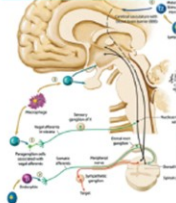


# Curriculum M. Pharmacy (3 years)

FA-401 Diseases		FA-402 Extemporaneous preparations	
FA-403 Patient care		FA-404 Medication policy	
FA-405 Quality control		FA-406 Pharmacotherapy (with M.D. students)	
Elective (5 weeks): Immunopharmacology, Pharmacoepidemiology, Pharmaceutical Law, Pharmacy policy, Hospital pharmacy, Nanomedicines, etc.			
Introductory traineeship: community and hospital pharmacy		4 weeks	
Individual research project		23 weeks	
Medicine profile		Patient profile	
Stability		Cardiovascular pharmacotherapy	
Childrens’ formulations		Evidence-based medicine	
Drug development		Pharmacotherapy CNS	
Pharmaceutical proteins		Clinical pharmacotherapy	
Integrated Pharmacy, including Pharmacy game GIMMICS		10 weeks	
Traineeship: community pharmacy		6 weeks	
Traineeship: hospital pharmacy		8 weeks	
Traineeship of choice (community, hospital, industry, regulation)		6 weeks	



# College of Pharmaceutical Sciences

Use	Delivery	Target	Molecule
			
Period 1	Period 2	Period 3	Period 4
Epidemiology and clinical development of new drugs	Behaviour of the drug in the human body	The drug and the cell	The drug molecule Drug pipeline: conclusion

Neuroimmunopharmacology	Analysis	Electives
		
Period 1	Period 2	Period 3 & 4
From molecule to health benefit	Chemical and biological techniques	Optional courses: choose your own path

Electives	Drug Pipeline	Research project
		
Period 1	Period 2	Period 3 & 4
Optional courses: choose your own path	Drug Discovery and Drug Development	Perform your own, individual, research project





# M.Sc. In Drug Innovation (2 years)

**DI-407 Introduction** 12 weeks

**DI-408 Drug discovery**

**DI-409 Drug developmen**

**Electives** 5-7 weeks

Understanding drugs

Pharmacology

Immunopharmacology

Pharmacoepidemiology

Pharma policy

Nanomedicine

Bioanalysis

Biomolecular mass spectrometry

Principles of medicinal chemistry

Laboratory animal Sciences

Radiation hygiene 5B

Safe microbial handling

Biostatistics

Scientific writing

**Minor research project** 24 weeks

**Major research project** 36 weeks

**Master thesis** 5 weeks







# Teacher quality: QA

- University requirement: all teaching staff must hold a relevant teaching qualification (basic or senior)
- Qualifications are granted by the Head of Department (HoD) on the basis of a portfolio assessment
- 63 out of 89 (full, associate and assistant) professors hold this qualification
- Utrecht University offers a program for educational leadership (Centre of Excellence for University Teaching, CEUT)
- All program directors and coordinators hold this qualification

# Teacher quality: CPD

- Development is stimulated by monthly informal ‘Teacher-for-teacher’-meetings and a Journal Club
- Training for problem- and project-based teaching is organized on a regular basis.
- Educational (action) research projects are carried out, partly in collaboration with the Centre for Teaching and Learning of the University

The process of project-based learning

Effectivity and efficiency of “jigsaw”-tutorials

Organization and structure of the skills-lab

Improvement of “classical” written individual exams

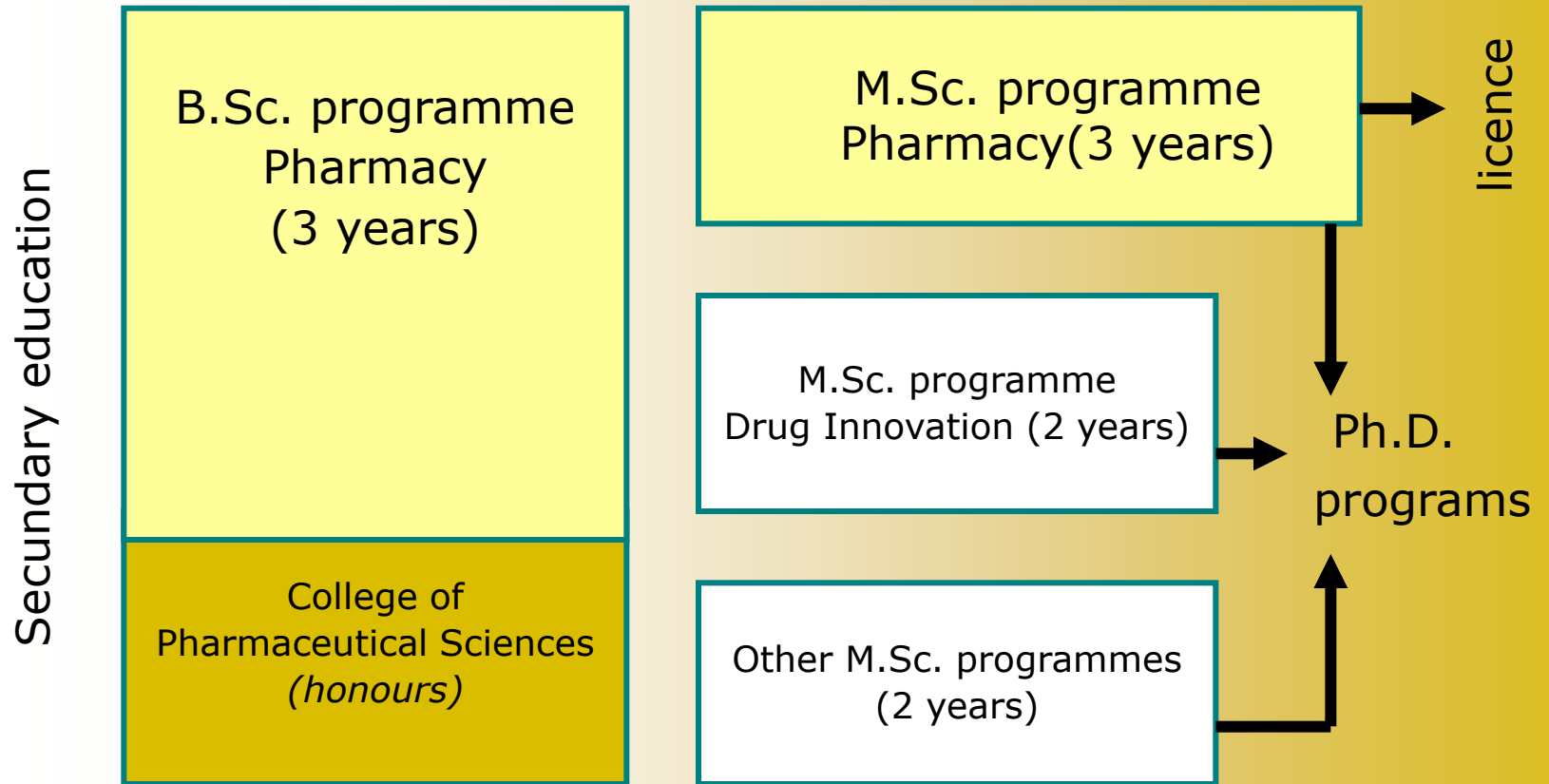
Perception of learning environment

Relation between secondary school grades and study-success

Effectiveness of enquiry-based learning

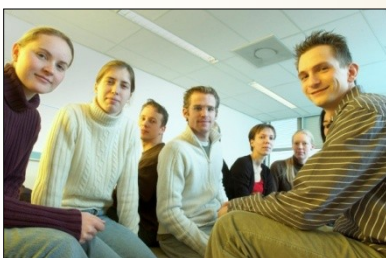


# The Utrecht pharmacy curriculum



Introduction of a new curriculum requires an enormous effort of all people involved, in particular when new educational forms are introduced.





***Thank you for your attention ....***

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