Prof. Dr. Samo Kreft, mag. farm.

Department for Pharmaceutical Biology Faculty of Pharmacy University of Ljubljana

Teaching complementary and alternative medicine at pharmaceutical faculty – why and how?

Teaching CAM at pharmaceutical faculty

- **why?**
 - no sharp borderline
 - CAM is (partly) official
 - CAM is popular
 - contribution to public health

Teaching CAM at pharmaceutical faculty

- **why?**
 - no sharp borderline
 - CAM is (partly) official
 - CAM is popular
 - contribution to public health

no sharp borderline

- definition of CAM:
 - has not been scientifically tested and its advocates largely deny the need for such testing. (N Engl J Med. 1998; 339: 839-41).
 - set of practices which cannot be tested, refuse to be tested, or consistently fail tests (Richard Dawkins).
 - any of various systems of healing or treating disease (as chiropractic, homeopathy, or faith healing) not included in the traditional medical curricula taught in the United States and Britain (Merriam-Webster dictionary)

- no sharp borderline
- definition of CAM
- no treshold in level of evidence
- differences between countries (and individuals)
- medicinal products
- surgery
- physiotherapy
- medical devices
- psychiatric methods

(other than pharmacological)

dietetics

CAM is (partly) official

- Directive 2001/83/ec on medicinal products for human use
 - Specific provisions applicable to homeopathic medicinal products (Articles 13 to 16)
 - Specific provisions applicable to traditional herbal medicinal products (Articles 16a to 16i)
- WHO Beijing Declaration 2008:
 - The knowledge of traditional medicine, treatments and practices should be respected, preserved, promoted and communicated ...
 - Recognizing the progress of many governments to date in integrating traditional medicine into their national health systems, we call on those who have not yet done so to take action.

- contribution to public health
- effective (without or with low level scientific evidence)
- placebo
- information on safe use
- quality

Teaching CAM at pharmaceutical faculty

- **why?**
 - no sharp borderline
 - CAM is (partly) official
 - CAM is popular
 - contribution to public health
- how?
 - critical attitude
 - regulatory status
 - history
 - risks and benefits
 - overview of methods, systems and products

